## UK Sizes

Measure the widest part of your foot with a soft tape measure and compare with the 'width fitting' table overleaf.

Follow the instructions on the next page to find out your Van Dal shoe size and width, then write down your measurements below to keep a record of your shoe size and width. Don't worry if your feet differ slightly, that's completely normal! Just remember to buy according to your larger foot size.


## Is this guide accurate?!

Check that your computer has printed this fitting guide accurately by measuring the centimetre ruler to the right with your own tape measure.

